

KIMBERLY PROSA (AEA | SAG-AFTRA Eligible – U.S.)

Auckland, New Zealand | 914-263-1135 | kimberlyprosa@gmail.com |
www.kimberlyprosa.com

Height: 5'3" | Weight: 125 lbs | Hair: Brunette | Eyes: Blue/Green

FILM / TELEVISION / COMMERCIAL

Flight Centre – Principal – National Commercial (2025)

Black Swan – Double for Natalie Portman – Dir. Darren Aronofsky

WHY – Jo (Hipster Waitress) – Dir. Kyle McBeth

The Music Box – Principal (Young Professional) – Dir. Daniel Dacian

I and Love and You – Lead (Lost Girlfriend) – Dir. Kyle McBeth

Glitter – Principal (Club Dancer) – Dir. Kyra Johannesen

The Last Pageant – Supporting (Teacher/Mentor) – Dir. Jon Kauffman

How's the Family? – Supporting (Mafia Girlfriend) – Dir. Rocco Iacovone

The Nobody's – Dancer/Waitress – Dir. Gabrielle Perez

THEATRE

New York Theatre Project – Principal Roles / Devised Ensemble Work – Dir. Bobby Holder

Misery – Annie Wilkes (Principal) – Dolphin Theatre, Auckland, NZ

Happy Hour – Principal (Comedic Spinster) – Michael Chekhov Theatre Co.

Acts of Love – Julie – Staged Reading

Shift – Principal – Dance Theatre Workshop

Big Brother – Spy – La MaMa Theater

Apple Dreams – Ensemble – Winter Garden

Teahouse Dances – Principal – Mulberry Street Theater

Between Heaven and Earth – Soloist – Alys Stephens Center

The Nutcracker Rated R – Comedic Roles – Theatre for the New City

CHOREOGRAPHY

Hysterical Women – Creator & Choreographer – Original Dance-Theatre Work – International Human Rights Arts Festival, New York (2026)

Café of the King – Feature Film Choreographer – Dir. Anna Gates (2024)

Contremune Dance (Artistic Director & Founder, formerly Humanistics Dance):

- Conflicting Identities – Wellesley Studios, Auckland, NZ (2023)
- In Relativity – Dixon Place, NYC (2020)
- The Industry of Nature – Liberty Hall Dance Festival, Union, NJ (2018)
- Equal Opportunity Divider – Original Dance-Theatre Work – Fast Forward Series, Dixon Place, NYC (2018)
- Additional works presented at Manhattan Movement Arts Center (Voices Transposed Series with UNHCR), Triskelion Arts, The Connelly Theater, Shetler Studios, Liberty Hall Dance Festival, and venues in New York and Auckland.
- Habituate – The Connelly Theater, NYC (2015)
- Consume – Triskelion Arts & Fertile Ground Series, Brooklyn, NY (2015)
- Moving On – Riverside Church Theater, NYC (2013); Small Plates Festival, Newburgh, NY (2018); Shetler Studios (2014)
- Strangers Passing – Shetler Studios, NYC (2013)

TRAINING & EDUCATION

Acting:

- New York Theatre Project – Bobby Holder
- Anthony Abeson – Scene Work, Monologue, Character Coaching

- Bruce Ornstein – Scene Study, Improv, Monologues
- HB Studios – Scene Study

Dance & Voice:

- Purchase College Conservatory of Dance (SUNY) – BFA in Dance
- Broadway Dance Center – Ballet, Jazz, Theater Dance
- Paul Taylor – Modern Technique
- American Ballet Theatre – Classical Ballet, Pointe
- Voice: Marjorie Kahn – Mezzo-Soprano

Academics:

- PhD, Dance Studies – University of Auckland
- MA, Global Affairs (Peacebuilding) – NYU
- MS, Human Services (Nonprofit Management) – Capella University

SPECIAL SKILLS

Accents: General American (Native), New York, Southern American, Standard British (RP)

Movement: Conservatory-trained dancer, Ballet, Contemporary, Modern, Jazz, Partnering, Contact Improvisation, Choreography, Movement Direction

Performance: Screen & Stage Combat, Firearms Experience, Intimacy Performance, Voiceover, Improvisation, Mezzo-Soprano

Additional: Driver's Licence, Yoga, Pilates

Choreography, Modern Dance, Ballet, Jazz, Stage Combat, Stunts, Improv, Partnering, Yoga, Pilates, Teleprompter, Physical Fitness Expert, Swing Dance, Somatic Practices, Voiceover