

KIMBERLY PROSA, PhD

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Choreographer, Performer, and Artist-Scholar

Contemporary choreographer, dancer, educator, and artist-scholar with more than twenty years of professional experience in performance, choreography, and dance education. Her work explores labor, embodiment, social systems, and wellbeing through research-driven creative practice, creating stage, film, and site-specific works that investigate themes of work, identity, inequality, and collective experience.

Current Projects

- Labor/Labour — choreographic research and performance project examining the embodied nature of work through movement drawn from workers across professions.
- Hysterical Women — contemporary dance work exploring gender, labor, and emotional endurance (International Human Rights Arts Festival premiere, 2026).

Research & Artistic Inquiry: Practice-led choreographic research examining labor, precarity, and embodiment in contemporary society,

Selected Choreographic Works

Founder & Artistic Director, Contremune Dance | 2013–Present

- Reconnection (Dance Film) — NYC Premiere 2022; Tempo Dance Festival NZ 2024
- Conflicting Identities — Wellesley Studios, Auckland 2023
- In Relativity — Dixon Place NYC 2020
- The Industry of Nature — Liberty Hall Dance Festival NJ 2018
- Equal Opportunity Divider — Dixon Place NYC 2018
- Tethered — Center for Performance Research NYC 2016
- Habituate — Connelly Theater NYC 2015
- Consume — Triskelion Arts / Fertile Ground Series NYC 2015
- Moving On — Riverside Church Theater NYC
- Strangers Passing — Shetler Studios NYC
- Illusions in Grey — Guest Choreographer, Classical Collab Auckland 2024
- Café of the King — Choreographer, independent film 2024

Selected Presentations and Festivals

- Tempo Dance Festival — Auckland NZ | Reconnection, 2024

- International Human Rights Arts Festival — New York | Hysterical Women premiere, 2026
- Dixon Place — New York | In Relativity; Equal Opportunity Divider
- Center for Performance Research — New York | Tethered
- Liberty Hall Dance Festival — New Jersey | The Industry of Nature
- Connelly Theater — New York | Habituate
- Triskelion Arts — Brooklyn | Consume
- Moving On- Riverside Church Theatre

Select Performance Experience

Freelance Contemporary Dancer | 2006–Present

- Black Swan (film), Darren Aronofsky — dance double
- Pascal Rioult Dance Theatre — Hymne à L'Amour
- Aera Dance Company — Out Through Her
- Alternative Arts Dance Festival — Untitled 4
- Purchase Dance Corps / Eugene Ballet Company — The Nutcracker (15 seasons)

HT Dance Company — Company Member | 2006–2013

- Shift — Dance Theater Workshop
- Oasis — site-specific performance, Columbus Park NYC
- Between Heaven and Earth — national tour
- Big Brother — La MaMa Annex Theater
- Apple Dreams — World Financial Center NYC
- Heart of Grace — La MaMa Annex Theater

Teaching Experience

- Ballet Hispánico — Modern Dance Faculty | 2017–2022
- Chen Dance Center — Dance Instructor | 2006–2020
- Wellesley Studios Auckland — Guest Teaching Artist | 2023
- Global Dance Conference — Workshop Facilitator | 2024
- Public School 42 NYC — Modern Dance Teaching Artist | 2017–2019
- Battery Dance Company — Teaching Artist, Dominican Republic Tour | 2018

Awards, Fellowships, and Affiliations

- Honorary Research Fellow (invited), Centre for Dance Research (C-DaRE), Coventry University
- LEIMAY Arts Choreographic Fellowship — 2018–2019
- Founder & Artistic Director — Contremune Dance

Education

- PhD Dance Studies — University of Auckland, 2025
- MS Global Affairs (Peacebuilding) — New York University
- MA Human Services (Nonprofit Management) — Capella University
- BFA Choreography & Concert Dance — SUNY Purchase Conservatory of Dance